



Top 5 Higher Risk Diagnoses

(by claim volume, across RTMD's footprint)

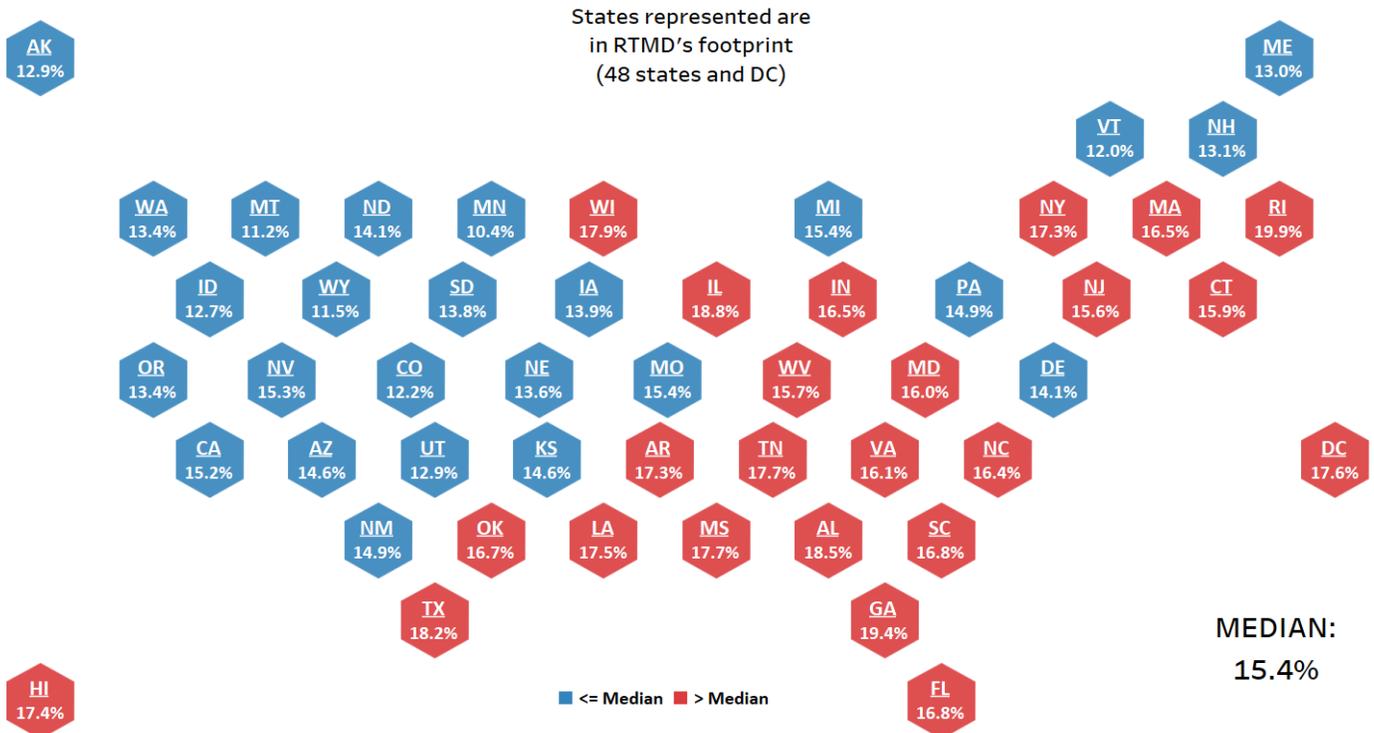
I10-Essential (primary) hypertension	33.4M
E119-Type 2 diabetes mellitus without complications	12.5M
I2510-Atherosclerotic heart disease of native coronary artery without angina pectoris	9.8M
N186-End stage renal disease	8.1M
C61-Malignant neoplasm of prostate	5.7M

Source: [RealTime Medicare Data](#). For data parameters, see footnote to heat map.

COVID-19 and Higher Risk Diagnoses

During the current pandemic, the [CDC](#) has cautioned that older adults and people of any age who have serious underlying medical conditions might be at higher risk for severe illness from COVID-19. To investigate these underlying risk factors further, RTMD's sister company, Medical Management Plus, Inc., compiled a list of 470 higher risk diagnoses based on [CDC's published guidance](#). RTMD used this list to analyze Medicare claims data across our entire footprint (48 states and DC). Among our key findings: hypertension easily ranked #1 in higher risk diagnoses by claim volume. Also, the percentage of Medicare claims with higher risk diagnoses varied considerably among states (10.4%-19.9%) as well as regions. We hope this information can help providers focus their outreach efforts in the communities that they serve. In the area of hypertension prevention and management, the [CDC](#), along with other organizations, has a variety of educational materials available for healthcare professionals and patients.

Percentage of Medicare Claims with Higher Risk Diagnoses, by State



Data Source: [RealTime Medicare Data, LLC](#). Time period: 2/1/2019-1/31/2020. Fee-for-Service (FFS). CMS 1500. Places of Service excluded: 15-Mobile Unit, 34-Hospice, 81-Independent Lab.

FACTS ABOUT HYPERTENSION

- Nearly half of U.S. adults have HTN
- Only about 1 in 4 adults with HTN have their condition under control
- In 2017 nearly half a million deaths in the U.S. included HTN as a primary/contributing cause
- HTN costs the U.S. about \$131 billion each year

Source: [CDC](#)

How are higher risk diagnoses impacting the Medicare Market you serve?
Are you meeting the early detection and treatment needs of your community?

For a free RTMD report

based on your 5-digit Medicare Beneficiary Zip Code market, contact:

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- ◆ Medicare claims data
- ◆ 90 days post date of service
- ◆ Inpatient, Outpatient, Part B
- ◆ Full census
- ◆ 10 billion claims & counting
- ◆ 48 states & DC

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