

Observation Services (Deeper Dive)

The Centers for Medicare & Medicaid Services (CMS) is forcing physicians to avoid the non-committal aspect of care known as "observation." In CMS' view, observation patients, which most often come through the Emergency Room, are taking up a bed and expending other resources needed for acute care patients. CMS is focusing on changing traditional behaviors in this area because it speaks to CMS' mission of having providers give the right care, at the right time, in the right place, and for the right cost.

When a patient stays at the hospital under observation for a number of days, that model can conflict with the value and efficiency-based priorities CMS is seeking to create. The data tells us that, in many cases, patients can sit in observation for days, never having done anything except consume resources available for acute care cases.

While today's mantra of some ER physicians may be "treat and street," it will no longer be acceptable to do that under the new guidelines from CMS.

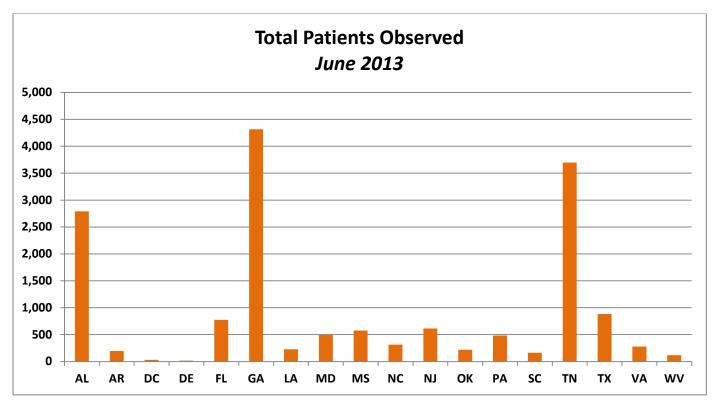
Instead, CMS is forcing physicians to take "responsibility" for the patient.

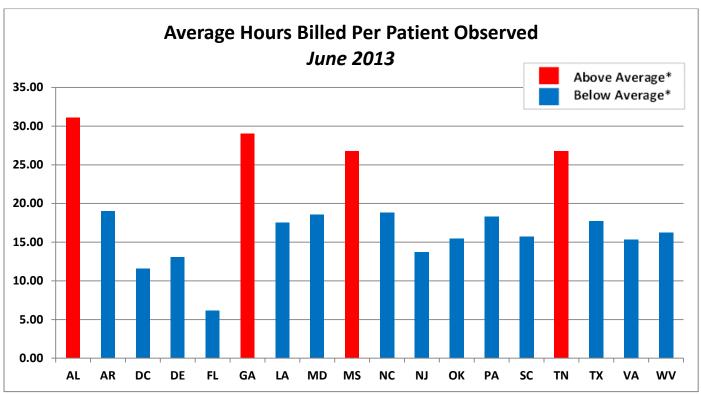
As you can see in the Deeper Dive below, several states already appear to be vulnerable to such CMS scrutiny; in these cases, observation usage is substantially disproportionate to nationwide trends.

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Observation Services: Hours Billed for Top 3 Principal Diagnoses June 2013

STATE / TOP 3 PRINCIPAL DXs	HOURS BILLED
AL	
78659-Chest pain, other	8,289
78650-Chest pain, unspecified	8,143
7802-Syncope and collapse	3,923
AR	
7802-Syncope and collapse	274
34590-Unspecified epilepsy without mention of intractable epilepsy	215
4580-Orthostatic hypotension	147
DC	
59971-Gross hematuria	64
34590-Unspecified epilepsy without mention of intractable epilepsy	29
78659-Chest pain, other	24
DE	
78659-Chest pain, other	65
7802-Syncope and collapse	24
7804-Dizziness and giddiness	22
78650-Chest pain, unspecified	22
FL	
78659-Chest pain, other	260
2859-Unspecified anemia	201
78079-Other malaise and fatigue	194
GA	
78659-Chest pain, other	13,700
78650-Chest pain, unspecified	12,436
7802-Syncope and collapse	5,908



Observation (Louisiana through Pennsylvania)

STATE / TOP 3 PRINCIPAL DXs	HOURS BILLED
LA	
7804-Dizziness and giddiness	163
27651-Dehydration	120
78659-Chest pain, other	120
MD	
78650-Chest pain, unspecified	915
78659-Chest pain, other	789
7802-Syncope and collapse	587
MS	
78650-Chest pain, unspecified	1,425
78659-Chest pain, other	1,019
7802-Syncope and collapse	897
NC	
78659-Chest pain, other	422
7802-Syncope and collapse	199
78650-Chest pain, unspecified	189
NJ	
78659-Chest pain, other	914
7802-Syncope and collapse	498
78650-Chest pain, unspecified	395
ОК	
78650-Chest pain, unspecified	363
7802-Syncope and collapse	219
78659-Chest pain, other	146
PA	
78659-Chest pain, other	1,177
7802-Syncope and collapse	440
78097-Altered mental status	390



Observation (South Carolina through West Virginia)

STATE / TOP 3 PRINCIPAL DXs	HOURS BILLED
SC	
78650-Chest pain, unspecified	178
78659-Chest pain, other	126
78605-Shortness of breath	124
TN	
78650-Chest pain, unspecified	10,221
78659-Chest pain, other	9,638
7802-Syncope and collapse	4,503
TX	
78650-Chest pain, unspecified	648
78659-Chest pain, other	645
27651-Dehydration	436
VA	
78650-Chest pain, unspecified	407
78659-Chest pain, other	364
2859-Unspecified anemia	149
wv	
78659-Chest pain, other	99
78079-Other malaise and fatigue	62
496-Chronic airway obstruction, not elsewhere classified	60